



ZIP JUMP CLIMB!

Directions

From Route 9 take Exit 16 (St. John Sq. Route 17).
Cross over Arrigoni Bridge. Go straight down Main
Street to fifth light. Take left onto Middlesex Ave.
Follow Signs to Brownstone Exploration and
Discovery Park.

**Less than 30 minutes from Hartford,
New Haven, and Waterbury.**

**Experience the
Brownstone Rush**

Brownstone Exploration & Discovery Park
161 Brownstone Avenue
Portland, CT 06480
866-860-0208
BrownstonePark.com



Brownstone
Exploration & Discovery Park

SPORTS LESSONS

Discover Kayaking Lesson (1/2 hour): **\$25.00**
Kayaking or canoeing lesson for participants 6 years and older. Conducted by trained instructors. Includes instruction & ½ day kayak rental.

Discover Climbing Lesson (3/4 hour): **\$45.00**
Participants 6 years and older learn the fundamentals of climbing. Movement skills, strength and endurance are built by training with knowledgeable instructors. Includes instruction & equipment rental.

Discover Wakeboarding Lesson (1 hour): **\$55.00**
Participants 6 years and older learn the fundamentals of wakeboarding. Includes instruction & equipment rental.

PADI Discover Scuba Lesson (1 hour): **\$75.00**
For participants 8 years and older. Conducted by certified instructors (maximum depth of 6 feet). Includes instruction & equipment rental.

PADI Resort Scuba Course (1/2 Day): **\$155.00**
For participants 12 years and older. Conducted by certified instructors. Includes equipment rental, classroom session, confined water drills and 2 open water dives with a PADI Instructor.

All sport lessons require the purchase of appropriate park entrance fees.



SPORTS CERTIFICATION

PADI Open Water Certification Course: **\$599.00**
For participants 12 years and older. This program offers full open water certification program. Participants receive a minimum of 14 hours classroom instruction, 8 hours confined water work and 2 days open water certification dives.

Challenge Course Facilitator (6 hours): **\$129.00**
This course introduces the principles of climbing for participants 18 years and older. Includes proper harness fitting, knot tying, belaying, proper rope handling, and communication for climbing safely with a partner. Students actively participate in each element of climbing, demonstrating proficiency in skills learned.

LIFEGUARD CERTIFICATION

American Red Cross Lifeguarding/ Waterfront Certification (37 hours): **\$299.00**
Lifeguard Certification for recreational pool and non-surf waterfront for participants 15 years and older. Certification received upon successful written and practical water tests. Also includes CPR/AED and first aid certifications.

American Red Cross Lifeguarding Challenge and Waterfront Bridge (8 hours): **\$130.00**
Renewal course for lifeguarding & CPR/AED for professional rescuer certifications. Also certifies non-surf waterfront guarding. Participants must be 15 years or older.

American Red Cross CPR/AED for Professional Rescuer (8 Hours): **\$95.00**
Combines classroom with hands on and skills training when responding to breathing and cardiac emergencies in adults and children. Participants must be 15 years or older.

American Red Cross Bridge to Waterfront (6 hours): **\$75.00**
Must hold current lifeguard certification. Upgrades your certificate to non-surf waterfront. Participants must be 15 years or older.

American Red Cross Lifeguarding Challenge Waterfront (4 hours): **\$55.00**
For individuals holding a current lifeguard certificate or a certificate that has expired within the past year. The course renews lifeguarding, CPR/AED certifications.

American Red Cross Administration of Emergency Oxygen (3 hours): **\$45.00**
Provides knowledge and skills required to provide care to breathing emergency victims using breathing devices and oxygen. Participants must be 15 years or older.

Listed fees do not include classroom materials or personal gear that may be required.

